



Join our registry and tell us about yourself.



Explore our resources, personalized for people with mobility disabilities.



Connect with a community helping you reach your health goals.

NCHPAD connect

Connecting you to a healthier future, today.



nchpadconnect.org



nchpad@uab.edu



1-866-866-8896



NCHPADconnect

A portal connecting people with mobility disabilities to free online health and wellness resources.



Get started today!

Scan the QR code to join our community and gain access to personalized programs to help you reach your health goals – all at no cost to you!

mentor

NCHPAD 

✓ Safe

Your personal health data is safe and secure in our HIPAA-compliant portal.

✓ Free

Our programs and resources are free, and we provide you with all the tools you need to fully participate.

✓ Personalized

Our disability health experts work with you to find the right program to help you reach your health goals.

